

Blood sugar log

Your sugar level targets:

Upper level: _	
Lower level:	

Date	Time	Level	Notes

You can type into this form

- 1. Press 'Fill & Sign' (top right).
- 2. Add text.
- 3. Hover over where you want to type into the form.
- 4. Press file save or print and write into it.

Upper level:	
Lower level:	

Date	Time	Level	Notes

www.knowdiabetes.org.uk